



Min Age: Preschool

Wizardly Wonders Potions

Sensory



Objective:

Creating simple sensory activities.

Messy play encourages creativity, problem-solving, increases confidence, motor and social skills.

Materials:

- [Scoops](#), shovels, [spoons](#)
- [Bowls](#), [mini cauldrons](#), [larger cauldron](#), [squeeze bottles](#), plastic containers
- [Pitcher of Water](#)
- [Color Splash Liquid water colors {blue, purple}](#)
- Shaving cream
- Gemstones or [Faceted Heart beads](#)
- [Jumbo eye droppers](#)
- [Glitter](#)

Skill Development:

Sensory Play

Step 1: Prep

Don't Stress About the Mess: We set this up outside for the easiest clean up with the garden hose. Bring out a garbage can, baby wipes and beach towels. The children can easily clean off and dispose of wipes should they need to. Let them wear play clothes that can get wet.

Step 2:

Set out all materials and begin filling some of the bowls, cauldrons, and squirt bottles with water.

Step 3:

Mix in drops of Color Splash liquid watercolor in the containers. The more drops, the darker the color. If you get this non-diluted watercolor on your hands, it will eventually wash off.

Step 4:

We added shaving cream to the top of some of the water and left the containers out for the children to squirt out more shaving cream.

Step 5:

Drop gemstones, beads, glitter, or confetti to the mix. You can leave some out in small bowls for the children to add. I also hid some in the bottom of the cauldrons and bowls for the children to discover as they went along.

Step 6:

Introduce the setup to the children. Encourage them to use the scoops, shovels, and spoons to mix and transfer the "potions". They will soon discover that under the shaving cream is the colored water. Eventually the children took over and added in all of our liquid watercolor.

When you provide your children with messy play materials, you're setting up their foundation for art and encourages their innate curiosity about the world around them plus it's downright fun!

For more ideas www.how2play.today



Some activities may not be suitable for younger children. Supervise your children at all times.