



How to Dye Rice for Sensory Bins

Objective:

Creating simple sensory activities

Materials:

- White Rice
- [Black Color Splash Acrylic Paint](#)
- Ziploc Baggie
- Foil
- [Sensory Bin](#)



Step 1:

White rice is inexpensive and makes for a wonderful sensory activity material because it's so versatile.

Pour white rice into a Ziploc baggie; one baggie for each color. I tend to not measure but I used around 4 cups.



Step 2:

Using Color Splash Acrylic Paint, squeeze some paint into the baggie. The paint goes a long way so start out with a few little squirts and can always add more if needed.

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Age/grade for projects are simply suggestions and may be used with other age groups. Some activities may not be suitable for younger children. Supervise your children at all times.



Step 3:

There are many ways to allow the dyed rice to dry but I like to lay out foil. You can use only foil and just flip up the sides but for this example, I placed the foil into the sensory bin.



Step 4:

The more you can spread out the rice, the quicker it will dry. I like to stir it around after a few minutes. This was dry in about 15 minutes and then it's ready to play with.

I really enjoying using this paint because it works so well to cover the rice and keeps for years.



Step 5:

Now it's time to setup your sensory bins! The dyed rice can be adapted to so many different activities so let your imagination go wild. Enjoy!

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